

# Kaleidcope Sensory Storytimes Resources: Movement

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## Songs, Finger Plays and Rhymes for Sensory Storytimes

### Hello, Welcome and Name Songs

#### Welcome Everyone

Welcome, welcome everyone.  
Now we're here let's have some fun!  
First we'll clap are hands just so,  
*(clap hands in a big circle)*  
Then we'll bend and touch our toes!  
Welcome, welcome everyone,  
Now we are here let's have some fun

#### Name Song

Your name's \_\_\_\_\_,  
\_\_\_\_\_ is your name.  
Your name's \_\_\_\_\_  
It's always the same!

#### Come Along and Sing with Me

Sing with me, sing with me.  
Come along and sing with me,  
It's Kaleidoscope storytime.

*Name your storytime – Infant & Toddler Connection, Adaptive, create something or use “our special.”  
Use other actions – wiggle, nod, bend, clap, et.*

#### Friend, Friend, 1-2-3

Friend, friend, 1-2-3,	You're my friend, you're my friend,
All my friends are here with me.	You're my friend, and you're my friend.
Friend, friend, 1-2-3,	Friend, friend, 1-2-3,
All my friends are here with me.	All my friends are here with me!!

*Sign language: Count 1-2-3 with fingers; sweeping hand motion around everyone “all my friends;” hands on floor for “are here;” hands on chest for “with me;” and hands palms up in friendly gesture toward each child for “you're my friend, you're my friend.”*

#### Name Song

<i>(Tune: “Twinkle, Twinkle”)</i>	Do, do, do, do,
Hello _____,	Do, do, do, do, do!
How do you do?	Do, do, do, do!
I'm just fine and I'm dancing too!	Do, do, do, do, do!

*Use children's names or groups – “hello girls” or “hello everyone!” Stand to do a dance and sit or wiggle/dance in seat. This can also be song to body parts – Hello Toes, etc.*

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## Finger Plays and Movement Activities

**A Good Watcher** Who's a good watcher, watcher, watcher?

Who's a good watcher?

Watch me now.

### Opposites Chant

This is big, big, big, *(stretch arms out)*

This is small, small, small, *(bring arms in)*

This is short, short, short, *(arms vertically together)*

This is tall, tall, tall, *(arms vertically up)*

This is fast, fast, fast,

*(move arms in fast rolling motion with fast voice)*

This is slow, slow, slowwwwww.

*(move arms in slow rolling motion with slow motion voice)*

**Ten Little Fingers** (can use with board book  
by Annie Kubler)

*(Tune: "Farmer in the Dell")*

I have ten little fingers and they all belong to me.

*(thumb to chest)*

I can make them do things, *(wiggle fingers)*

Would you like to see?

I can hold them up high, *(raise high)*

Or bring them down low. *(drop low)*

I can put them together, *(clap)*

Or hold them just so. *(hands quiet in lap)*

### Ring Around the Yogi

*(Tune: "Ring Around the Rosey")*

Ring around the Yogi.

Namaste, my friend.

Walking, walking.

Now we all fall down.

Upsy-Daisy!

*(repeat 2-3 times)*

*Hold hands in a circle. When we say "Namaste, my friend" – we see and honor the beauty, twinkle-light, love light in each child's eyes. We walk in a circle and all fall down together and get back "Upsy-Daisey."*

### Step In Sally

Step in Sally, Sally, Sally.

Step in Sally, all night long.

Step back Sally, Sally, Sally.

Step back Sally, all night long.

*(repeat with different movements: marching, little kick, wiggle-waggle, hopping, sit down, etc.)*

*Movements are done while holding hands in a circle and singing as a group.*

### Hands Go Up

*(Tune: "Twinkle, Twinkle")*

Hands go up, and

Hands go down!

I can turn myself around.

I can stand up on one shoe.

## Scarf Songs and Chants

### Handing Out/Collecting Scarves

*To start: All sing "Two for everyone" as scarves are given out.*

*Then, all count/chant "1-2, 2 scarves, ok let's go!"*

*At finish: All sing "Scarves away, scarves away, time to put the scarves away."*

*\*\*Storytime tip: This works for any prop you are giving to the children and adults in your program.\*\**

### Side to Side

Side to side, side to side, side to side,

Oh... won't you wiggle (or dance) with me!

Up and down, up and down, up and down,

Oh... won't you wiggle (or dance) with me!

*Swish the scarves as you chant or sing. Other motions: round and round, zig and zag*

### Pitter Patter

Pitter patter, pitter patter,

Falling to the ground.

Rain is falling down.

Pitter patter, pitter patter,

Pitter patter, pitter patter,

Rain is falling down, falling ALL around.

*Scarves go up and down in alternate motion, together to floor and in round and round motions. Vary speeds – children love to speed up the motion. Use a quiet, slow motion to end activity.*

### Flap and Flap and Flap the Scarves!

*(Tune: "London Bridge")*

Flap and flap and flap the scarves!

Let's count to three and throw it up.

One... two...three...

Squeeze the scarf and crunch it up. *(sing twice)*

Count to three and throw it up.

One... two... three...

### Someone is Hiding

Someone is hiding, hiding, hiding. *(cover head with scarf)*

Someone is hiding, who could it be?

Peek-a-boo, I see you! *(pull off scarf with and say "peek-a-boo")*

*Repeat three times*

### Toss Your Scarves

*(Tune: "Jingle Bells")*

Toss your scarves, toss your scarves,

Toss them way up high.

Toss your scarves in the air,

Until they reach the sky.

Twirl your scarves, twirl your scarves,

Twirl them round and round.

Twirl the scarves one more time,

Then let them all fall down.

## Shaker Egg Songs and Chants

### Shake, Shake, Shake Your Eggs

*(Tune: "Skip to My Lou")*

Shake, shake, shake your eggs.  
Shake, shake, shake your eggs.  
Shake, shake, shake your eggs.  
Shake them just like me!  
Shake them high, high, high,  
Shake them low, low, low,  
Shake them to the front, front, front,  
Shake them to the back, back, back.

*Sing refrain again and continue using body parts: head, shoulder, knees, toes, belly, bottom, etc.*

### Cha! Cha! Cha-cha-cha!

*Any tune*

Shake with a Cha! Cha! Cha!  
Strike a beat/finish slow and whisper

## Parachute Songs

### Bringing out/Putting Away Parachute Song

*To start: All sing "Parachute, parachute, let's get out the parachute."*

*At finish: All sing "Parachute away, parachute away, time to put the parachute away."*

### The Wheels on the Bus

Wheels on the bus go round and round, round and round, round and round. *(sing twice)*  
Wipers on the bus go swish, swish, swish, swish, swish, swish, swish, swish. *(sing twice)*  
People on the bus go up and down, up and down, up and down, *(sing twice)*  
*Repeat about three times.*

*Children are sitting on the parachute – adults holding parachute. Steady secure motions, quieter at end. Finish quietly with round and round all day long. Good to do as introduction to parachute. It's okay for children to participate outside of the circle or adults to hold them.*

### Up and Down

*(slow, quiet rhythmic chant)*

Up and down and up and down, *(sing three times and move parachute up and down)*  
Windy weather, breezy weather,  
1-2-3, we all come together.

*Have children get under parachute and the adults will raise and lower the parachute at a slowly and steady speed.*

*1-parachute up, 2-parachute down, and 3-parachute up...all go under the parachute*

*Smile to children singing "All come together." Adults move from under the parachute and repeat chant.*

## Closing Songs

### **Good-bye to You**

Good-bye, good-bye, to you and you and you,  
Good-bye, good-bye, to you and you and you,  
It's a BIG good-bye, a small good-bye,  
A short good-bye, and a tall good-bye,  
Good-bye, good-bye, to you and you and you!

*Big waving motions to sizes and outstretched gesturing hands when saying "to you and you and you." Finish with a clap.*

### **Blowing Bubbles Everyday**

*(Tune "Sailing, Sailing")*

Blowing, blowing, bubbles everyday,  
I blow them so they're all around,  
Then watch them float away.  
Blowing, blowing, bubbles everyday,  
I blow them so they're all around,  
Then watch them float away.

### **Blowing Bubbles**

*(Tune: Frère Jacques)*

Blowing bubbles, blowing bubbles,  
Is such fun, is such fun.  
Blow them in the air,  
Blow them everywhere,  
Blowing bubbles, blowing bubbles.

*Everyone is seated on floor and programmer brings bubbles to each child and as you blow bubbles, say each child's name, thank them for coming and recognize something they did during the program – their beauty, the twinkle in their eyes, love light shining, dancing, etc. This allows you to honor each child's beauty and light as the bubbles are blown just for them!*

*Everyone is singing quietly during the bubbles, until all the children have received their bubbles.*

### **Good-bye Bubbles**

*(Tune: Frère Jacques)*

Good-bye bubbles, good-bye bubbles,  
Time to go, time to go,  
I will help you, I will help you,  
With a blow, with a blow